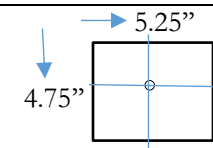
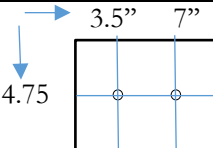
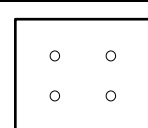
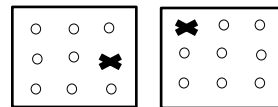
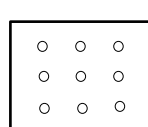


Proper Seed Spacing

- Proper seed placement for seed mats can be identified by creating a grid on a fully opened Seventh Generation napkin.
- Make sure your napkin is arranged so measures it 12.5 inches in length (horizontally) and 11.5 inches in width (vertically).
- All grid line measurements are based on using the 1 inch border as the starting point for measuring or 0.
- Under the “Spacing Measurements” in the table below details are given for where to create grid lines on the X- and Y-axis. The X-axis measurements identify where to make vertical lines and the Y-axis measurements identify where to make horizontal lines.
- Seeds will be placed where the X and Y grid lines intersect.

Seed Type	Number of Plants per Square Foot	Spacing Measurements (in)	Planting Patterns
Broccoli	1	X-axis: 5.25" Y-axis: 4.75"	
Kale	2	X-axis: 3.5", 7" Y-axis: 4.75"	
Sorrel, Lettuce, Arugula	4	X-axis: 3.5", 7" Y-axis: 3.25", 6.25"	
Peas, Radish	8	X-axis: 2.5", 5.5", 8.5" Y-axis: 2.5", 5", 7.5"	 <p>*Note: Do not place seeds where you see the X</p>
Spinach, Chives, Cilantro	9	X-axis: 2.5", 5.5", 8.5" Y-axis: 2.5", 5", 7.5"	
Carrots	16	X-axis: 2.5", 4.5", 6.5", 8.5" Y-axis: 2.25", 4.50", 6.75", 9"	