

School Garden Workshop Series

Starting & Saving Seeds

Compiled by the Civic Garden Center

Websites:

- [Seed Savers Exchange](#)
- [International Seed Saving Institute](#)
- [Farmer's Almanac](#)
- [Seed Mat Guide](#)
- [Peaceful Valley](#)
- [Garden.org](#)

Videos:

- [Growing Seedlings](#)
- [Saving Seeds](#)

Attachments:

- [Seed Alliance Seed Saving Guide](#)

Books:

- [Saving Seeds, Preserving Taste](#) by Bill Best
- [The Complete Guide to Saving Seeds](#) by Robert Gough & Cheryl Moore-Gough

General Tips:

- ✓ Seed packets are an important source of information. They often give you depth, spacing and time of year to plant.
- ✓ Heat is often needed to assist in germination; soil temperature is an important variable of this.
- ✓ Seeds should be planted no deeper than 2-4 times their size. The young plant needs to reach above the soil before their internal food supply runs out so that they can start photosynthesizing.
- ✓ Regular consistent care is important for young plants. Extremes in watering or weather conditions can cause stress that effect the plant throughout its lifespan.